Term 3 Week 2     22 July 2014

From The Principal’s Desk
Welcome back to another term that is already shaping to be another very busy ten weeks.
I hope you are all well rested, invigorated and as excited as we are about seeing your child(ren) grow to be the best they can be.

Athletics Carnival
What a day we had last Friday. After a week of fine, still weather our carnival was beset by very strong winds. Anything not tied down was blown to the end of the rec ground.
Despite the conditions we had a really successful day thanks to the planning of Amber McEwan and the hard work of the rest of the staff and our parent helpers to ensure we completed the day’s program.
Everyone seemed to enjoy themselves and our P & C ensured no one went hungry. The coffee machine at the end of the day sure got a work out!

Education Week
Next week is Education Week across the state. This year NSW will be celebrating 60 years of Education Weeks and we have a very busy week planned.

Monday: A number of our yr 5/6 students will be involved in a District PSSA Touch Gala Day at the South Tweed fields.

Tuesday: From 2:00 we will be holding our school finals for the Premiers Spelling Bee. Our best spellers from each class will be competing for the honour of becoming Cudgen PS Champion Stage 2 and 3 winners will also represent our school at the District trials in a few weeks.

Wednesday: We will be sending a team of athletes to the field events of the Tweed District Athletics Carnival.

Thursday: We will hold a special Education Week Assembly from 11:20 in our school hall. As well as the usual trimmings found at our assemblies we will have a performance from our kindies, a chance to listen to our recorder group fresh from their Opera House performance and we are hoping to entice some ex-students from 60 years ago to have a talk to the students.

Friday: Once again our athletes will be in action competing at the field events section of the PSSA carnival.

Winter Weather
The chilly weather we are experiencing especially of a morning is really letting us know that winter is well and truly with us.
The children are coming to school rugged up early on but peeling the layers off as the day goes on. Jumpers are regularly discarded during playground time – but not as regularly collected at the end of play time. This has meant our lost property tub is fuller than normal. Please make sure your child’s clothes are labelled so we can reunite our students and their lost property.

Whilst on the subject I mentioned to the kids today that there seems to be a growing number of non-school uniform tops appearing in the cooler weather. The school uniform is reasonably priced and we also have an active second hand section.

The wearing of the school uniform can actually help build pride and involvement in your school so we ask if you could please make sure your child wears appropriate jackets and jumpers to school. The rest of the uniform is very well supported.

If you need to use the uniform shop please remember it has moved. You’ll find it beside the coffee machine.

Staff Training
The new order being ushered in by our department will call for a fair increase in the amount of professional learning our staff need to participate in. This learning is designed to help us raise the bar of our own performance so we can subsequently help your children do the same.

To start the term off your staff spent the first half of the day learning more about the new Australian maths curriculum we are gradually introducing and the second half of the day making sure we are tracking your children consistently through the clusters of the English curriculum.

A few of our office staff and SLSO’s spent the day upgrading their first aid skills.

Each week we are involved in further training on-line to help us keep progressing with our understanding of the new maths curriculum.

Claim the Date

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<tr>
<th>July</th>
<th>August</th>
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<tr>
<td>24 Hall of Frames</td>
<td>1 Jeans for Genes Day</td>
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<td>25 Dance</td>
<td>2 Dance</td>
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<td>28 Education Week</td>
<td>29 Touch Gala Day</td>
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<td>30 Dist Field Events 11am</td>
<td>30 ICAS Spelling Bee 2pm</td>
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<td>31 Assembly 11.20am</td>
<td>31 Dist Track Events</td>
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Sports Report …

Dance
The big thing in sport this week and indeed for the rest of the term will be the dance program every child will be involved in. Dance is an integral part of our NSW curriculum and as such needs to be taught. The group we have coming in to run the dance will certainly guarantee higher instructional and skill levels than we have as a staff. We expect every child to participate. Should be a lot of fun as well.

Athletics and Touch Footy
Both sports are currently being undertaken by our students as described earlier in this article.

Value of the Week: Initiative
This week you may encourage your child to show some initiative by taking on tasks – personal, educational and even chores around the home – without being asked. Maybe even doing a little extra in some area of their lives.

Enrolments for 2015 …
…. are well and truly open. If you have a child you need to be enrolling for 2015 now is a good time to pop in and put his/her name down. We are planning our Kindy Orientation at the moment and it would be good to know just what sort of numbers we can expect next year.

Have a great week.
Mick Channelis

P.S. The mighty Red and Whites are tantalisingly close to the final eight – but they’ll need a big finish to the season. I think they can do it!

Text book levy and school contribution due now.
$70 per student.
Can be paid off in Installments.
Last week class 5/6C listened to sound tracks and looked at photos based on floods and storms. After, we all wrote a short description on what we thought it was like to be trapped in a storm or flood. Here are some examples:

**The Flood**

All around I can see the water coming towards me. I can hear the water gushing down the river. I can smell how dirty the water is. I am terrified.

By Sophie

BANG! BANG! SWOOSH! As I tumble in my car the water comes thrashing at me. I smash my feet as hard as I can at the window. CRASH! I go flying through the window. I taste the mucky water in my mouth, smash my back on a big tree that’s fallen onto the sand bank. I flip over and grab onto the branch and climb onto it. I start to hear a very heavy whooshing sound coming towards me. As I look behind me a truck comes hurtling towards me. I climb onto the tree. As the truck hits the tree I go under tasting the muddy water again. The truck door knocks me out.

By Blair S

I’m sitting at school with all of the other people that live at Cudgen. All I can hear is the rain pattering down and the water rushing by. My two dogs are whimpering in the corner. I peer out the window and right before my eyes the lunch tables, poles and chairs are being swept away. The wind is howling like wolves. I’m feeling terrified about the thought of my home being destroyed. The hall doors rattle, this makes me feel as if at any moment the water will rush through. Then there was a big bang the whole hall was under water.

By Emma T

I’m sitting on the roof of my house with my family. We are all completely scared. We watch in horror at the devastation caused in our suburb. Mum can’t comfort us because the sound of the wild rapids is too loud. Sadly we watch our car get swept away slowly in the strong current. Then suddenly it happened. Our whole house took off. Gradually our house sinks into the depths of the flood.

By Jadzia

I’m trapped in the house right next to the fast flowing river, which continually fills from the heavy rain. It has been raining for weeks! I can hear people screaming. I can hear the rescue helicopters coming closer and closer. I can’t find mum so I scream out for her. There is no reply. The fast flowing water that’s going down the road is taking the cars. I can hear the trees breaking. I can feel the water creeping up my legs.

By Skye

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**K-2 Concert**

2nd Reading Awards
- 2T: Morgan B
- 1/2P: Chandani S, Zac B

3rd Reading Awards
- 2T: Tyra M, Blake C, Aidan M, Sean P

4th Reading Awards
- 1S: Zoe G, Seth M
- Bronze: Josie P, Cullen G
- Silver: Oska M, Amity L, Cullen G, Liliana P
- Gold: Wil C

Teacher Award 160 Nights
- 1S: Tahlia E, Jack C, Amity L
**Uniform Shop**

**Open Wednesday Mornings**

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<thead>
<tr>
<th>Polo Shirts $35</th>
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<td>Socks $6</td>
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**Canteen Roster**

Friday 25/7  Linda Moy/Jan Prichard  
Monday 28/7  Katrina Newell/Katie Granger  
Friday 1/8  Trish MacFarlane/Carla Davis  
Monday 4/8  Gemma Martin/Mandy Chapman

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**Girls Night!!!**

**Friday 1st August**  
**Kingscliff Surf Club**  
**6.30 for 7pm dinner**

Mums, aunties, nanas, sisters, carers and staff, past and present all welcome. Dinner, drinks and dancing. Innocent Bystanders will be playing after dinner so bring your dancing shoes. If you are coming for dinner can you please let me know by Wednesday 30th July. I need to confirm numbers.  
Thanks, Sandy 0438651768

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**Jeans for Genes Day**

Our school will be taking part in Jeans for Genes Day this year. Jeans for Genes Day is a national day when people wear their jeans to raise much-needed funds for research into birth defects and diseases such as cancer, epilepsy, and a range of genetic disorders. Every dollar raised on the day helps scientists at the Children’s Medical Research Institute discover treatments and cures, to give every child the opportunity to live a long and healthy life.

**On Friday August 1st**, wear your jeans and bring in a gold coin donation to help support this great cause.

All students who participate will get a free pencil pack! There is also a pack full of goodies for sale in the front office, with all proceeds going towards Jeans for Genes Day.

**SRC**

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**How to S-t-r-e-t-c-h the Food Dollar**

**AND Eat Healthy**

**Vegetables**: Fresh, in season are usually the best buy, however, frozen vegetables can be more economical at certain times of year and are always convenient with little waste, it’s good to keep some in the freezer.

For maximum nutrition; when preparing fresh vegies: minimise the chopping and cutting, clean skins rather than peeling, don’t soak your vegies and try not to overcook.

**Meat, chicken, fish**: When you’re buying, compare cost per serving rather than per kilogram as sometimes a moderately priced protein with little or no waste may be more economical than a very cheap one with more gristle, bone or fat. Cheaper cuts are just as nutritious but may need different preparation methods for maximum deliciousness! Using legumes such as lentils, peas and beans (cans are quick) will extend most stews and casseroles; maintain protein content and increasing fibre.

**Milk**: Powdered (dried) milk contains all the nutrients of fresh milk and it’s very convenient. If you make it up the night before it’s very like fresh in the morning. It’s also very good for using in cooking.